



**Kris Ruhs**

**Diary of a confinement**

**Drawings from March 7th to September 9th, 2020**

*This diary is a mean of communication. The drawings done during self isolation are my communication in a world of new communication. Every day is another emotion. And the drawings are a reflection of my feelings. It's always a process. The day's drawing reflects my mood towards that day. And sometimes what I actually feel and see. Kris Ruhs*

In the intimacy of his self isolation, Kris Ruhs takes the suspension of time as we know it and creates a new relationship with reality.

Through the discipline of a single drawing a day as a record of his confinement, 180 drawings, oil on paper, from March 7<sup>th</sup> to September 9<sup>th</sup>, 2020. As he fills each page with the stages of his isolation, the ancient form of a diary with images on paper, a private and personal internal dialogue, is now joined to the instantaneous "reading" of his insights on Instagram by his friends and strangers both.

The intellectual and emotional responses of courage, fear, humor, depression, beauty, and resignation become a diary of his individual response to the reality now immediately engaged.

Each drawing sets up an over-arching relationship with the confinement creating a visual synchronicity within the passage of time for himself, and those who have chosen to share this process of individuation with him.

**Kris Ruhs** was born in 1952 in New York and studied at the School of Visual Arts. Since 1996 he has lived and worked in Italy. The core of Ruhs' works covers a broad spectrum of disciplines and techniques ranging from drawing, painting, collage, sculpture, ceramics, jewelry and large scale installations.

**Fondazione Sozzani**

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